# ${\bf AA16}$ . Not Contemplating How to Gratify Sinful Desires.

We are not to contemplate how to satisfy sinful desires.

This precept is derived from His Word (blessed is He):

## **Key New Testament Scriptures**

#### Romans 13:14

Instead, clothe yourselves with the Lord Yeshua the Messiah; and don't waste your time thinking about how to provide for the sinful desires of your old nature.

## **Additional New Testament Scriptures**

#### Matthew 5:28

But I tell you that a man who even looks at a woman with the purpose of lusting after her has already committed adultery with her in his heart.

## Colossians 3:2

Focus your minds on the things above, not on things here on earth.

## **Related New Testament Mitzvot**

AA25 Focusing Our Thoughts on Things Good, Pure, Holy, and Praiseworthy

## **Supportive Tanakh Scriptures**

## Exodus 21:14

But if someone willfully kills another after deliberate planning, you are to take him even from my altar and put him to death.

## Isaiah 30:1

"Woe to the rebellious children," says ADONAI. "They make plans, but the plans are not mine; they develop alliances, but not from my Spirit, in order to pile sin upon sin.

## **Comment**

We are commanded to flee from what is evil and sinful; that means in our thoughts, deeds, and environment. If we contemplate how to gratify our sinful desires, we are doing the opposite of fleeing and are therefore committing sin in our heart even if we do not do that which we contemplate.

## Related Mitzvot in Volumes 1 & 2

H04 Using Our Speech, Thoughts, Hearts and Actions for that which Is Good and Holy